

Name of Center - Helping Hands Christian Learning Center

**Michigan Department of Education  
Child and Adult Care Food Program  
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age Chef - Serita Street

Month: November Year: 2024

Required Components:	Date: 11/11	Date: 11/12	Date: 11/13	Date: 11/14	Date: 11/15
<b>Breakfast</b> 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Belvita Bars Yogurt Tropical Fruit	Milk Oatmeal Toast Tropical Fruit	Milk Kix, Cheerios Bananas	Milk Pancakes Sausage Links Pears	Milk Bagels Cream Cheese Apricots
<b>AM Snack**</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
<b>Lunch</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Tater Tots Peas & Carrots WW Bread Pineapple	Milk Sweet & Savory Lli Smokies Buttered Noodles Corn Dinner Rolls	Milk Scalloped Potatoes W/Ham Broccoli Dinner Rolls Fruit Cocktail	Milk Chicken Chili Green Beans Corn Bread Fruit W/Jello	Milk Goulash Pears WW Bread Applesauce
<b>PM Snack**</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Chocolate Pudding Graham Crackers	Beef Summer Sausage Cheese WW Crackers	*Pop Corners Popcorn Peaches	Fruit Snacks Mandarin Oranges	Veggie Chips Animal Crackers

\*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

\*\*Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range