Name of Center - Helping Hands Christian Learning Center

**Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age   Chef - Serita Street

Month: January   **Year:** 2026

Required Components:	Date: 1/26	Date: 1/27	Date: 1/28	Date: 1/29	Date: 1/30
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Cereal Bars Yogurt Mandarin Oranges	Milk Oatmeal Toast Peaches	Milk Kix, Cheerios Bananas	Milk Sausage Gravy Biscuits Fruit Cocktail	Milk Bagels Cream Cheese Apricots
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk hotdog w/bun Baked Beans Cole Slaw Pears	Milk Sweet and Sour Chicken Green Beans Rice Pilaf Dinner Rolls Pineapple	Milk Chicken Chili Broccoli Corn Bread Apricots	Milk Macaroni & Cheese w/ham Peas & Carrots WW Bread Tropical Fruit	Milk Turkey Sandwich Chicken Noodle Soup Green Beans Mandarin Oranges
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Animal Crackers Applesauce	Pizza Rolls Orange Slices	Rice Cakes Apple Slices	Bread Sticks Marinara Sauce Pears	WW Chex Mix Peaches

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

 **Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range

MICHIGAN Department of Education

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