

**Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age Chef - Serita Street

Month: December Year: 2022

Required Components:	Date: 12/05	Date: 12/06	Date: 12/07	Date: 12/08	Date: 12/09
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Fruit Cereal Bars Yogurt Peaches	Milk English Muffin Sausage Patty w/ Cheese Applesauce	Milk WG Cheerios, Chex & Kix Banana	Milk Cinnamon Rolls Yogurt Mandarin Oranges	Milk Belvita Bars Cottage Cheese Pineapple
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Fish Sticks Tator Tots Corn Pears Dinner Rolls	Milk Salisbury Steak Mashed Potatoes Italian Green Beans Fruit Cocktail WW Bread	Milk HM Macaroni & Cheese Broccoli Blueberries, Strawberries WW Dinner Roll	Milk Chicken Quesadilla Tortilla/Cheese Corn Tropical Fruit	Milk Hot Dog/Bun Baked Bean Peas and Carrots Fruit Cocktail
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Animal Crackers Clementines	Summer Sausage Chunk Cheese WW Crackers Apple Slices	Goldfish Crackers Fruit Snacks Peaches	Chocolate Brownies Popcorn Pears	Vanilla Wafers Vanilla Pudding

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

**Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range