

**Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age Chef - Serita Street

Month: December Year: 2023

Required Components:	Date: 12/4	Date: 12/5	Date: 12/6	Date: 12/7	Date: 12/8
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Belvita Bars Yogurt Peaches	Milk Oatmeal Toast Pears	Milk Cheerios, Kix Bananas	Milk English Muffin Sausage Patties Cheese Fruit Cocktail	Milk Monkey Bread Cottage Cheese Pineapple
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Chicken Sandwich W/bun Curly Fries Green Beans Fruit Cocktail	Milk Tuna Noodle Casserole Peas & Carrots WW Bread Mandarin Oranges	Milk Goulash Broccoli, Carrots, Cauliflower Dinner Rolls Applesauce	Milk Grilled Cheese WG Bread Tomato Soup Mixed Vegetables Peaches	Milk Turkey Pot Pie Broccoli Tropical Fruit Biscuits
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Graham Crackers Tropical Fruit	WW Crackers Beef Summer Sausage Cheese Chunks	Vanilla Pudding Vanilla Wafers Peaches	Strawberry Cake Apple Slices	Goldfish Crackers Crasins

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

**Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range