Name of Center - Helping Hands Christian Learning Center

Michigan Department of Education Child and Adult Care Food Program Meal Pattern Child Menu Record

Site/Room: Toddler, Preschool, Pre-K and School-age

Chef - Serita Street

Month: July

Required Components:

Year: 2025

Date

5		
7/7	Date: 7/8	Date: 7/9

Date: 7/10

Date: 7/11

Required Components:		Date: 7/8	Date: 7/9	Date: 7/10	Date: //11
 Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other: 	Milk Cereal Bars Yogurt Peaches	Milk Pancakes Suasage Fruit Cocktail	Milk Kix, Chex Bananas	Milk Cinnamon Rolls Turkey bacon Applesauce	Milk Cereal Apricots
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Pizza Broccoli Pineapple	Milk Hots Dogs w/bun Baked Beans Glazed Carrots Pears	Milk Sloppy joe Fries Dinner Rolls Green Beans Mandarin Oranges	Milk Chicken Nuggets Tater Tots WW Bread Corn Pears	Milk Turkey Sandwich Mixed Vegetables WW Bread Fresh Berris- Strawberry, Blueberries
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Fruit Snacks Cheeze Its	Soft Pretzels Cheese Sauce Applesauce	Chex Mix *Animal Crackers Peaches	Milk Yogurt Brownies	Crackers Cheese Sticks

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

**Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat) Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range

