

**Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age Chef - Serita Street

Month: October Year: 2024

Required Components:	Date: 10/28	Date: 10/29	Date: 10/30	Date: 10/31	Date: 11/1
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Belvita Bars Cottage Cheese Pineapple	Milk Pancakes Turkey Bacon Apricots	Milk Kix, Cheerios Bananas	Milk Hashbrowns Sausage Links Fruit Cocktail	Milk Pumpkin Bread Pears
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Spaghetti w/meatballs Broccoli, Carrots, Cauliflower Garlic Bread Green Beans Pears	Milk Chicken Quesadilla Corn Blueberries & Strawberries	Milk Hamburger w/bun French Fries Green Beans Tropical Fruit	Milk Cheese Pizza Cottage Cheese Corn Apricots	Milk Turkey Sandwich WW Bread Chicken Noodle Soup Mixed Vegetables Fruit w/Jello
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Rice Cakes Mandarin Oranges	Bread Sticks Marinara Sauce Crasins	Fruit Snacks Goldfish Crackers	Apple Crisp Veggie Chips	Chex Mix Cheese Balls

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

**Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or 1/2 %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or 1/2 %) or skim (non-fat) or flavored low fat (1 or 1/2 %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range