

**Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age Chef - Serita Street

Month: September Year: 2023

Required Components:	Date: 9/18	Date: 9/19	Date: 9/20	Date: 9/21	Date: 9/22
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Fruit Cereal Bars Yogurt Peaches	Milk Turkey Bacon French Toast w/Maple Syrup Applesauce	Milk WG Cheerios, Chex & Kix Banana	Milk *Breakfast Casserole Pineapple *Eggs, ham, cheese & hashbrowns	Milk Assorted Bagels w/Cream Cheese Applesauce
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Beans & Franks Corn Pears Dinner Rolls	Milk Baked BBQ Chicken Cheesy Hashbrown Casserole Broccoli Tropical Fruit WW Bread	Milk Turkey Sandwich WW Bread Chicken Noodle Soup Peas & Carrots Jello w/ Fruit Cocktail	Milk Beef Pot Roast Buttered Potatoes Carrots Mandarin Oranges Dinner Rolls	Milk Turkey Tetrazzini Pasta Green Beans Peaches Garlic Bread
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Chex Mix Graham Crackers Fruit Cocktail	Carrot Cake Orange Slices	Cheez It Crackers Fruit Snacks Pears	Pop Corn Veggie Chips Tropical Fruit	Chex Mix

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

**Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range