

Name of Center - Helping Hands Christian Learning Center

**Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age Chef - Serita Street

Month: April Year: 2024

Required Components:	Date: 4/8	Date: 4/9	Date: 4/10	Date: 4/11	Date: 4/12
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Cereal Bars Yogurt Fruit Cocktail	Milk Waffles Sausage Links Berries	Milk Cherrios, Kix Bananas	Milk French Toast Sticks Turkey Bacon Pears	Milk Bagels Cream Cheese Tropical Fruit
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Tuna Noodle Casserole Peas & Carrots WW Bread Peaches	Milk Meatball Subs Cole Slaw French Fries Tropical Fruit	Milk Macaroni & Cheese w/ham Green Beans Dinner Rolls Pineapple	Milk Turkey Sandwich WW Bread Chicken Noodle Soup Mixed Vegetables Fruit Cocktail	Milk Ravioli W/Meat sauce Corn WW Bread Applesauce
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Popcorn * Rice Cakes Tropical Fruit	Summer Sausage Cheese Chunks WW Crackers	Animal Crackers Vanilla Pudding	Carrot Cake Pears	Tortilla Chips Salsa Fruit Snacks

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

**Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range